



**Forging a Bond Between Organic Producers and Consumers**

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Specification Sheet

**Express Flour**

<b><u>Item</u></b>	<b><u>Specification</u></b>	<b><u>Method Of Analysis</u></b>
Moisture	14.3% Maximum	AACC 44-15A
Ash*	0.53 ± 0.03%	AACC 08-01
Protein*	11.3% Minimum	AACC 46-11A
Falling Number	270 ± 30 sec.	AACC 56-81B

\* 14% Moisture Basis

**Ingredient Listing:** White Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid

**Storage Conditions:** 70 degrees F: 70% Relative Humidity

**Shelf Life:** 90 days at recommended storage conditions and good sanitary practice.

**Kosher Certification:** Kashruth certification by Kosher Overseers of America.

Specification is for current crop year and is subject to review at new crop transition.

**Nutritional Information**

Calories (cal)	340	Protein (g)	11.7
Calories from Fat (cal)	7	Sodium (mg)	2.0
Fat (g)	0.76	Vitamin A (IU)	0.0
Saturated Fat (g)	0.120	Cholesterol (g)	0.0
Vitamin C (mg)	0.0	Carbohydrate (g)	71.5
Calcium (mg)	24	TDF	2.97
Iron (mg)	1.16	Monounsaturated Fat (g)	0.125
Potassium (mg)	268	Polyunsaturated Fat (g)	0.331
Soluble Fiber (g)	1.12	Sugars (g)	1.60
Insoluble Fiber (g)	1.85		

**Minimum Enriched Values**

Niacin	5.29 mg/100g
Iron	4.41 mg/100g
Thiamin	0.64 mg/100g
Riboflavin	0.40 mg/100g
Folic Acid	0.15 mg/100g